

## **FOOD SYSTEMS, NUTRITION, AND HEALTH MAJOR**

### **Interdisciplinary Breadth Requirements**

#### **5 credits of Economics. Choose from:**

ECON 200 Introduction to Microeconomics (5)  
FISH 230 Economics of Fisheries and Oceans (5)  
ESRM 235 Introduction to Environmental Economics (5)

#### **10 credits from courses that represent the breadth of areas that influence food systems.**

##### **Choose from:**

ACCTG 219 Essentials of Accounting (4)  
AES 150 In-Justice for All: Intersection of Race, Ethnicity, Class, and Gender in the United States (5)  
AES 151 Identities, Cultures, and Power Across American Ethnic Groups (5)  
ANTH 210 Intro to Environmental Anthropology (5)  
ANTH 215 Introduction to Medical Anthropology and Global Health (5)  
ANTH/AES/ENVIR 211 Environmental Justice (5)  
ATM S 100 Climate, Justice, and Energy Solutions (5)  
ATM S 101 Weather (5)  
ATM S 111 Global Warming: Understanding Issues (5)  
ATM S 211 Climate and Climate Change (5)  
B E 220 Cities, Health, & Well-Being (3)  
CEP 200 Introduction to Community and Environmental Planning (5)  
COM 220 Introduction to Public Speaking (5)  
COM 234 Public Debate (5)  
COM 289 Communication, Power, and Difference (5)  
CSE 142 Computer Programming I (4)  
CSE 143 Computer Programming II\* (5)  
ECON 201 Introduction to Macroeconomics\* (5)  
ENV H 111 Exploring Environment and Health Connections (3)  
ENVIR 100 Introduction to Environmental Studies (5)  
ENVIR 239 Sustainability: Personal Choices, Broad Impacts (5)  
ENVIR 240 The Urban Farm (5)  
ENVIR 280 Natural History of the Puget Sound Region (5)  
EPI 221 Maternal and Child Health-a Population Health Approach (5)  
ESRM 100 Introduction to Environmental Science (5)  
ESRM 210 Introductory Soils (5)  
ESS 101 Introduction to Geology & Societal Impacts (5)  
GEOG 123 Introduction to Globalization (5)  
GEOG 208 Geography of the World Economy: Regional Fortunes and the Rise of Global Markets (5)  
GEOG 271 Geography of Food and Eating (5)  
GEOG 272 Geographies of Environmental Justice (5)  
GEOG 280 Introduction to the Geography of Health and Healthcare (5)  
G H 101/JSIS B/GEOG 180 Introduction to Global Health: Disparities, Determinants, Policies, and Outcomes (5)  
G H/ENV H 220 Global Environmental Change and Public Health (3)  
GWSS 244 Indigenous Feminisms (5)  
HSERV 100 Personal and Public Health (3)

HSERV 204 Communicating about Health: Current Issues and Perspectives (3)  
HSTAA/ENVIR 221 US Environmental History: Ecology, Culture, Justice (5)  
HSTAA 231 Race and American History (5)  
HSTCMP 247 Global Health Histories: Colonial Medicine, Public Health, International Health in the Global South (5)  
NURS 210 Science, Evidence and Health: Mastering Health Information and Personal Health Technologies (4/5)  
NURS 211 Power, Oppression, and Social Justice in Health and Healthcare (5)  
NURS 215 Disaster Management, Risk Reduction and Health (5)  
NUTR 141 Introduction to Foods (5)  
NUTR 241 Culinary Nutrition Science (3)  
NUTR 341 Exploration of Multisensory Dining\* (3)  
OCEAN 101 Oceanography of PNW (5)  
OCEAN 102 The Changing Oceans (5)  
PHIL/ETHICS/POL S 207 Issues of Global Justice (5)  
PHIL/ENVIR 243 Environmental Ethics (5)  
POL S 202 Introduction to American Politics (5)  
POL S 204 Introduction to Comparative Politics (5)  
POL S/HSTCMP 249/SOC 266 Introduction to Labor Studies (5)  
PUBPOL 201 Introduction to Public Policy and Governance (5)  
SMEA/ENVIR/JSIS B 103 Society and the Oceans (5)  
SMEA/ENVIR 201 Climate Governance: How Individuals, Communities, NGOs, Firms, and Governments Can Solve the Climate Crisis (5)  
SOC 110 Survey of Sociology (5)  
SOC 230 Introduction to Racial and Ethnic Health Disparities in the United States (5)  
URBDP 200: Introduction to Urbanization: Planning and Designing Alternative Urban Futures (5)

\*Course has one or more prerequisites.