NUTRITIONAL SCIENCES PROGRAM SCHOOL OF PUBLIC HEALTH

2020-21 ANNUAL REPORT



The University of Washington Nutritional Sciences Program prepares students to improve individual and population health through the study of foods, nutrients, dietary behaviors, food and policy environments, and health outcomes.

ENROLLMENT

- Major: 268 enrolled in spring 2021, graduated 108
- Minor: 126 enrolled from 8 colleges and 25 majors
- **Undergraduate courses:** 6,408 registrations in 38 NUTR course offerings
- Graduate program: 31 enrolled in MPH and MS programs
 with a range of undergraduate backgrounds including
 business, environmental studies, and public health; 15
 graduated, and 14 of these graduates also completed
 the RDN training program

PROGRAM UPDATES

- With health and safety as a priority, the UW was the first major university to move classes primarily online in March 2020 and conducted most activities remotely until Sept 2021
- Faculty and staff designed WAFOOD surveys to address the impact of COVID-19 on household food insecurity, access to food assistance, and prospects for statewide economic recovery
- Collaborated with Washington State University (WSU) on USDA Higher Education Challenge planning grant and developing a growing relationship with WSU around food systems education and research
- Launched the UW Food Systems Education and Research Network connecting interdisciplinary scholars and practitioners across campus
- The Accreditation Council for Education in Nutrition and Dietetics (ACEND) re-accredited the Graduate Coordinated Program in Dietetics for a seven-year term
- The Council on Education for Public Health (CEPH) reaccredited the School of Public Health and all programs for a full seven years

PROGRAMS

Undergraduate

- Food Systems, Nutrition, and Health Major (BA)
- Nutrition Minor
- Courses in the Nutritional Sciences Option (BS) within the Public Health-Global Health Major
- Courses to support undergraduate learning in biology, education, public health, and nursing

Graduate

- Master of Public Health, Public Health Nutrition
- Master of Science, Nutritional Sciences
- Doctor of Philosophy, Nutritional Sciences
- Graduate Coordinated Program in Dietetics (GCPD), graduate-level training leading to the Registered Dietitian Nutritionist professional credential

STUDENTS

- Undergraduate capstone teams focused on resilient and equitable food systems working with 12 partner organizations
- Five undergraduate majors were awarded a \$1000 scholarship making up the second cohort of Food Systems Scholars
- Continuing graduate students were awarded \$40,000 in scholarships making possible their focus on education and training through fieldwork, practicum, capstone, and thesis

COURSES & CURRICULUM

- Launched new MPH, MS curriculums including new common core curriculum for MPH students
- Developed **new courses**:
 - NUTR 202 Research Methods in Food Systems, Nutrition, and Health
 - NUTR 312 Food System Sustainability and Resilience
 - NUTR 341 Exploration of Multisensory Dining
 - NUTR 514 Sustainable Food Systems for Population Health

LOOKING AHEAD TO 2021-22

- Developing opportunities in food systems for our MPH and MS graduate students
- Revisioning the doctoral curriculum to relaunch admission to the PhD for 2024
- Embarking on a strategic planning process to determine priorities for the next 3 5 years
- Employing a graduate student to conduct a course review and identify opportunities for promoting equity, diversity, and inclusion across the curriculum

PEOPLE

- Mike Rosenfeld, professor, retired June 2020
- **Sarah Collier,** assistant professor, joined core faculty in March 2020
- Marie Spiker, assistant professor, joined core faculty in Sept 2020
- Mario Kratz, research associate professor, left the UW in June 2021
- Alissa Bilfield, assistant teaching professor, joined core faculty in Sept 2021

FACULTY SEARCH

We are searching for one assistant professor and one associate / full professor to grow capacity in research.

SUPPORT

A gift to the Food Systems, Nutrition, and Health Major Fund or Nutritional Sciences Grad Support Fund supports scholarships, program development, and additional academic enrichment opportunities for our students.

http://nutr.uw.edu/about/giving

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