

FOOD SYSTEMS, NUTRITION & HEALTH MAJOR
SAMPLE COURSE PLAN

This sample 4-year plan provides a framework for you to reference as you create your own individual academic plan.

YEAR 1

AUT	WIN	SPR	SUM
NUTR 200 – 4 NW	ENGL 131 – 5 C	BIOL 118 – 5 NW	
VLPA – 5	Breadth – 5	DIVERSITY – 5	
AOK – 5	I&S – 5	AOK – 5	
GEN ST 197 – 1			
15	15	15	

YEAR 2

AUT	WIN	SPR	SUM
CHEM 120 – 5 NW	BIOST 310 – 4 QSR	NUTR 302 – 5 I&S/NW	
WRITING – 5	Breadth – 5	ELECTIVE – 5	
AOK – 5	I&S – 5	NW – 5	
APPLY TO MAJOR	SEMINAR – 1		
15	15	15	

YEAR 3

AUT	WIN	SPR	SUM
ECON 200 – 5 I&S	NUTR 303 – 5 I&S/NW	MAJOR ELECTIVE – 5	
VLPA – 5	AOK – 5	AOK – 5	
ELECTIVE – 5	ELECTIVE – 5	SOC 300 – 5 I&S	
15	15	15	

YEAR 4

AUT	WIN	SPR	SUM
NUTR 402 – 5	NUTR 412 – 3 I&S	NUTR 493 – 8 W	
MAJOR ELECTIVE – 5	MAJOR ELECTIVE – 5	MAJOR ELECTIVE – 5	
ELECTIVE – 5	ELECTIVE – 5	ELECTIVE – 2	
SEMINAR – 2			
15	15	15	

In addition to major requirements, students complete general education and basic skills requirements for the School of Public Health. These 84 credits may overlap with major requirements.

General Education & Basic Skills

Composition, with a minimum 2.0 5 credits
 Additional Writing 10 credits
 Quantitative & Symbolic Reasoning 4-5 credits
 Diversity 3 credits
 Foreign Language None*

Individuals & Societies I&S 10 credits

Natural World NW 20 credits

Additional AoK 25 credits

* SPH students may use first-year language courses for VLPA if they complete the third-quarter course.

Areas of Knowledge

Visual, Literary, & Performing Arts VLPA 10 credits