



FOOD SYSTEMS, NUTRITION & HEALTH MAJOR

In the Bachelor of Arts in Food Systems, Nutrition, and Health, students are exposed to the complex intersections and relationships among food, policy, labor, social justice, economics, the environment, culture, and population health. Graduates will have competency in food systems, nutrition, public health, social and economic equity, and sustainability, as well as strong liberal arts preparation in intellectual and practical skills like inquiry, analysis, communication, critical thinking, and problem-solving, all of which enables them to address issues such as domestic and global food and nutrition security.

SUGGESTED FIRST- AND SECOND-YEAR COURSES

anthropology, economics, environmental science and studies, geography, nutrition, political science, public policy, sociology, sciences, statistics, composition or writing; general education courses; coursework that develops analytical, critical thinking, and communication skills

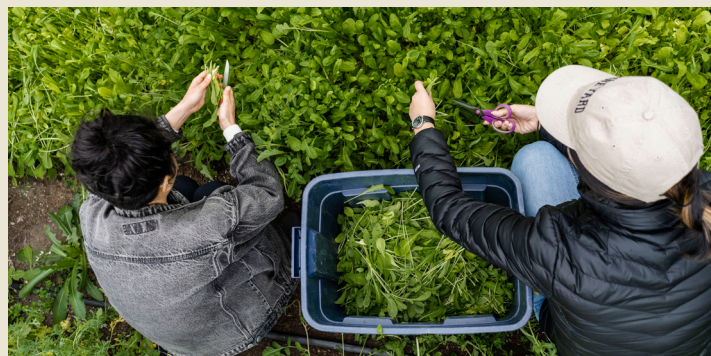
ADMISSION

This is a minimum requirement major. Applications are due the third Friday of each quarter. Students who meet the following requirements at the time of application will be admitted:

- Completion of 45 college credits
- Minimum 2.00 cumulative GPA
- Completion of NUTR 200 or equivalent
- Completion of English Composition, 5 credits

CONTACT INFORMATION

Nutritional Sciences Program
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OUR VALUES

The Nutritional Sciences Program and its collaborators strive to shape food systems that are resilient, sustainable, and equitable to have a positive impact on personal, population, and planetary health. Diversity, equity, and inclusion are priorities in advising, our curriculum, and student programming. We value and honor diverse experiences and perspectives, endeavor to create welcoming and respectful learning environments, and promote access and opportunity for all.

CELEBRATING

50
YEARS

UNIVERSITY of WASHINGTON
SCHOOL OF PUBLIC HEALTH

AUT 2020

DEGREE REQUIREMENTS 180 credits

A. Science Literacy 10 credits

5 credits from biology: BIOL 118 (preferred) or BIOL 180

5 credits from chemistry: CHEM 120, CHEM 142, or CHEM 145

B. Interdisciplinary Breadth 15 credits

5 credits from economics: ECON 200, FISH/ECON 230, or ESRM/ENVIR/ECON 235

10 credits from among approved courses that represent the breadth of areas that influence food systems; see right for current approved list

C. Research Methods & Technologies 9-10 credits

4-5 credits from statistics: BIOST 310 (preferred), QMETH 201, Q SCI 381, STAT 220, STAT/CS&SS/ SOC 221, or STAT 311

5 credits from among qualitative methods: ANTH 403, BIO A 420, ENVIR 250, GEOG 425, or SOC 300

D. Food Systems Core 30 credits

NUTR 200 Nutrition for Today (4)

NUTR 302 Food Systems: Harvest to Health (5)

NUTR 303 Food Systems: Individual to Population Health (5)

NUTR 402 Food Systems Modeling & Analysis (5)

NUTR 412 US Food Systems Policy (3)

NUTR 493 Food Systems Capstone (8) Writing

E. Upper-Division Electives 20 credits

Choose 20 credits from among 300- and 400-level courses organized around four concentration areas:

- Business, Economics, & Marketing
- Environment & Sustainability
- Social & Economic Equity
- Nutrition & Health Equity

See website or adviser for current approved list.

In addition to major requirements above, students complete general education requirements for the School of Public Health.

INTERDISCIPLINARY BREADTH

ACCTG 219 Essentials of Accounting

ANTH 210 Intro to Environmental Anthropology

ANTH 211 Environmental Justice

ATM S 101 Weather

ATM S 111 Global Warming: Understanding Issues

ATM S 211 Climate and Climate Change

B E 220 Cities, Health, & Well-Being

CEP 200 Community and Environmental Planning

COM 220 Intro Public Speaking

COM 234 Public Debate

COM 289 Communication, Power, and Difference

CSE 142 Computer Programming I

CSE 143 Computer Programming II

ECON 201 Intro to Macro Economics

ENV H 111 Environmental Health Connections

ENVIR 100 Intro to Environmental Studies

ENVIR 110 Intro to Food and the Environment

ENVIR 239 Sustainability

ENVIR 240 The Urban Farm

ENVIR 280 Natural History of the Puget Sound Region

ESRM 100 Intro to Environmental Science

ESRM 210 Introductory Soils

ESS 101 Intro to Geology & Societal Impacts

ESS 105 The Earth: Its Processes and Hazards

GEOG 271 Geography of Food and Eating

G H 101, JSIS B/GEOG 180 Intro to Global Health

G H/ENV H 220 Global Enviro Change and PH

GWSS 244 Indigenous Feminisms

HSERV 100 Personal and Public Health

NUTR 141 Introduction to Foods

NUTR 241 Culinary Nutrition Science

OCEAN 101 Oceanography of PNW

OCEAN 102 The Changing Oceans

PHIL/ENVIR 243 Environmental Ethics

POL S 202 Intro to American Politics

POL S 204 Intro to Comparative Politics

PUBPOL 201 Intro to Public Policy and Governance

SOC 110 Survey of Sociology

VALUES/PHIL/POL S 207 Issues of Global Justice