

UNIVERSITY of WASHINGTON
STUDY ABROAD PROGRAM

LA DOLCE VITA: Comparative Food Systems in Italy



4-week intensive program exploring sustainable food systems in Italy

SUMMER 2020
APPLY BY JAN 31

La Dolce Vita: Comparative Food Systems in Italy is a new, interdisciplinary program exploring sustainable food systems using systems thinking and a variety of perspectives to understand how factors, such as culture, policy, diet, and market structure, interact to create environmental, economic, health, and social/equity outcomes.

INFORMATION SESSION
January 13
4:30-5:30 p.m.
FISH 203

This new, interdisciplinary program includes **sustainable farm stays in Tuscany**. Here we will learn how sustainable agricultural practices have persisted, explore how practices compare with U.S. systems, and will taste and cook sustainable foods.

Next, students will move to the **UW Rome Center** to analyze the patchwork of political, social, cultural, economic, and health drivers that have shaped food systems in Italy. We will compare the Italian regional orientation with the commodity food system that dominates in the United States. We will survey a variety of retail outlets, will shop for food and prepare meals, setting the stage for a discussion on how dietary choices influence human and planetary health. In Rome, students will meet with civic food networks (e.g., Slow Food), and international food agencies (e.g., UN Food and Agricultural Organization) to consider how these different models are being extended to the developing world.

Finally, we will travel to the **Emilia-Romagna region**, where food production is conducted by cooperatives. We will study three important artisanal Italian products (i.e., balsamic vinegar, parmigiano reggiano, and prosciutto) to understand the advantages and limitations of producer associations for both producers and consumers.

Earn 12 credits while traveling in Rome, Tuscany, and Bologna

Economics of Food Policy - 4 credits

Christopher M. Anderson, PhD

Sustainable Food Systems in Italy - 4 credits

Jennifer J. Otten, PhD, RD

Health in the Context of Culture - 4 credits

Kerryn W. Reding, Ph.D., MPH, RN



TERM

Summer Term-A

CREDITS

12 credits

LOCATIONS

Rome, Tuscany, and Bologna, Italy

Apply by Jan 31 // www.washington.edu/studyabroad