

GUIDELINES FOR UNDERGRADUATE RESEARCH
NUTR 499: UNDERGRADUATE RESEARCH (1-5, MAX 10)

For Students:

Undergraduate Research in food systems and nutritional sciences allows undergraduate students to engage in research projects under the supervision of Nutritional Sciences Program faculty. It is a mechanism for earning academic credit when there is no other way of accomplishing the desired work. Students typically organize their own research experience through relationships they develop with faculty and you should have projects in mind when you approach faculty members to ask for mentorship.

Please examine these guidelines carefully to ensure Undergraduate Research is a good match for your goals.

1. This course is meant for students who desire research experience toward a specific academic goal.
2. This course is only offered Credit/No Credit.
3. This course is offered for variable credit, from 1 – 5, during a single quarter.
4. You may take a maximum of 10 credits of NUTR 499 over the course of your study.
5. No more than 3 credits of NUTR 499 may be applied toward the Nutrition Minor. No more than 5 credits of NUTR 499 may be applied toward the Food Systems, Nutrition, and Health Major. Please consult with the adviser.
6. It is your responsibility to maintain a copy of the learning contract at least until the grade for the course is posted.

For Faculty:

Faculty members are under no obligation to take on projects with students and indeed should not do so unless they feel they can be enthusiastic and available for the project. Below are guidelines to help you assess the student's Undergraduate Research proposal:

1. Credit hours for the work should be assigned based on 1 credit per 3 hours of work/week (30 hours for the quarter). For example, because a 5 credit Undergraduate Research course counts for 5 credits of upper-division credit, it should be the same amount of work and scope as a regular 5-credit lecture course.
2. Graduate students, whether acting as TAs, RAs, or instructors, may help mentor but are not allowed to assign the grade for undergraduate research credits under any circumstances.

LEARNING CONTRACT FOR UNDERGRADUATE RESEARCH

Quarter:

UW student #:

Student First Name:

Student Last Name:

Email you regularly check:

Faculty Mentor:

Number of credit hours proposed for this course:

Undergraduate research title:

Identify the topic of your research:

Explain why this topic is of interest to you:

How will participating in this research experience contribute to a specific academic goal?

How do you expect your involvement in this research will contribute to the creation of new knowledge?

What research methods/techniques do you plan to pursue?

In what way(s) will you demonstrate your learning from your involvement with this study?

We have read the guidelines and agree to the learning contract as outlined above.

Student signature

Date

Faculty signature

Date