

FOOD SYSTEMS, NUTRITION & HEALTH MAJOR
SAMPLE COURSE PLAN

This sample 4-year plan provides a framework for you to reference as you create your own individual academic plan.

YEAR 1

AUT	WIN	SPR	SUM
NUTR 200 - 4 NW	ENGL 131 - 5	BIOL 118 - 5 NW	
VLPA - 5	COM 289 - 5	DIVERSITY - 5	
AOK - 5	I & S - 5	AOK - 5	
GEN ST 197 - 1			
15	15	15	

YEAR 2

AUT	WIN	SPR	SUM
CHEM 120 - 5 NW	BIOST 310 - 4	NUTR 302 - 5	
WRITING - 5	ENVIR 240 - 5	ELECTIVE - 5	
AOK - 5	I & S - 5	NW - 5	
APPLY TO MAJOR	SEMINAR - 1		
15	15	15	

YEAR 3

AUT	WIN	SPR	SUM
ECON 200 - 5	NUTR 303 - 5	MAJOR ELECTIVE - 5	
VLPA - 5	AOK - 5	AOK - 5	
ELECTIVE - 5	ELECTIVE - 5	GEOG 425 - 5	
15	15	15	

YEAR 4

AUT	WIN	SPR	SUM
NUTR 412 - 3	NUTR 402 - 5	NUTR 493 - 8 W	
MAJOR ELECTIVE - 5	MAJOR ELECTIVE - 5	MAJOR ELECTIVE - 5	
ELECTIVE - 5	ELECTIVE - 5	ELECTIVE - 2	
SEMINAR - 2			
15	15	15	

In addition to major requirements, students complete general education and basic skills requirements for the School of Public Health. These 84 credits may overlap with major requirements.

General Education & Basic Skills

Composition, with a minimum 2.0 *5 credits*
 Additional Writing *10 credits*
 Quantitative & Symbolic Reasoning *4-5 credits*
 Diversity *3 credits*
 Foreign Language *None**

Areas of Knowledge

Visual, Literary, & Performing Arts VLPA *10 credits*
 Individuals & Societies I&S *10 credits*
 Natural World NW *20 credits*
 Additional AoK *25 credits*

* SPH students may use first-year language courses for VLPA if they complete the third-quarter course.