



Graduate Coordinated Program in Dietetics

The Graduate Coordinated Program in Dietetics (GCPD) combines graduate studies (MS, MPH, PhD) with an Academy of Nutrition and Dietetics (via ACEND) accredited supervised practice that is required to become a Registered Dietitian Nutritionist (RDN). Degrees are offered through the Nutritional Sciences Program within the UW School of Public Health. After degree completion, students are eligible to sit for the RD/RDN exam. The program's curriculum has a strong evidenced-based focus while providing leadership development for careers in clinical and public health settings. Graduates of our program engage in client centered health promotion, disease prevention, medical nutrition therapy, public health practice, and nutrition policy development.

MISSION STATEMENT

The mission of the Graduate Coordinated Program in Dietetics (GCPD) is to develop competent entry-level registered dietitian nutritionists with a strong foundation in the applied science of nutrition, and provide training to integrate research into practice, support leadership development and enable graduates to assume careers in dietetics.

PROGRAM GOALS

1. The Program will prepare competent entry-level registered dietitian nutritionists who are able to apply evidenced based nutrition research to their practice in a variety of settings.
2. GCPD Graduates will be prepared to assume leadership roles in nutrition, dietetics, and policy development.

DEGREES & CONCENTRATIONS

MPH RDN: Students seeking this degree complete the Public Health Concentration.

MS RDN: Students seeking this degree complete the Medical Nutrition Therapy Concentration

PhD RDN: Students seeking this degree work closely with faculty advisors to design a program to meet their career goals.

INTERNSHIP

As an ACEND Accredited program, the GCPD provides 1200+ hours of supervised practice in the following rotations: clinical, ambulatory, WIC, community, management, food service and Medical Nutrition Therapy or Public Health concentration. Sites include HMC, UWMC, Northwest Hospital, Valley Medical Center and various community-based organizations.

CONTACT INFORMATION

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updated 5/2018

GCPD BY THE NUMBERS

- o 4 quarters of graduate courses
- o 14 students in each cohort
- o 1200+ hours of Supervised Practice
- o 100% one-year pass rate on the RD exam

ACCREDITATION STANDARDS & COMPETENCIES

The Graduate Coordinated Program in Dietetics is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

Accreditation standards categorized under **four domains**:

1. **Scientific and Evidence Based of Practice:** Integration of scientific information and research into practice.
2. **Professional Practice Expectations:** Beliefs, values, attitudes, & behaviors for the professional dietitian nutritionist level of practice.
3. **Clinical Customer Services:** Development & delivery of information, products & services to individuals, groups, and populations.
4. **Practice Management and Use of Resources:** Strategic application of principles of management and systems in the provisions of services to individuals and organizations.

Interns at PHS&KC HEAL developing program planning tools.



ACEND Knowledge and Competency Standards

DOMAIN 1: Scientific & Evidence Based of Practice

- KRDN 1.1** Demonstrate how to locate, interpret, evaluate and use professional literature to make ethical, evidence-based practice decisions.
- KRDN 1.2** Use current information technologies to locate and apply evidence-based guidelines and protocols.
- KRDN 1.3** Apply critical thinking skills.
- CRDN 1.1** Select indicators of program quality and/or customer service and measure achievement of objectives.
- CRDN 1.2** Apply evidence-based guidelines, systematic reviews and scientific literature.
- CRDN 1.3** Justify programs, products, services and care using appropriate evidence or data.
- CRDN 1.4** Evaluate emerging research for application in nutrition and dietetics practice.
- CRDN 1.5** Conduct projects using appropriate research methods, ethical procedures and data analysis.
- CRDN 1.6** Incorporate critical-thinking skills in overall practice.

DOMAIN 2: Professional Practice Expectations

- KRDN 2.1** Demonstrate effective and professional oral and written communication and documentation.
- KRDN 2.2** Describe the governance of nutrition and dietetics practice, such as the Scope of Nutrition and Dietetics Practice and the Code of Ethics for the Profession of Nutrition and Dietetics; and describe interprofessional relationships in various practice settings.
- KRDN 2.3** Assess the impact of a public policy position on nutrition and dietetics practice.
- KRDN 2.4** Discuss the impact of health care policy and different health care delivery systems on food and nutrition services.
- KRDN 2.5** Identify and describe the work of interprofessional teams and the roles of others with whom the registered dietitian nutritionist collaborates in the delivery of food and nutrition services.
- KRDN 2.6** Demonstrate an understanding of cultural competence/sensitivity.
- KRDN 2.7** Demonstrate identification with the nutrition and dietetics profession through activities such as participation in professional organizations and defending a position on issues impacting the nutrition and dietetics profession.
- KRDN 2.8** Demonstrate an understanding of the importance and expectations of a professional in mentoring and precepting others.
- CRDN 2.1** Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Nutrition and Dietetics Practice and Code of Ethics for the Profession of Nutrition and Dietetics.
- CRDN 2.2** Demonstrate professional writing skills in preparing professional communications.
- CRDN 2.3** Demonstrate active participation, teamwork and contributions in group settings.
- CRDN 2.4** Function as a member of interprofessional teams.
- CRDN 2.5** Assign duties to NDTRs and/or support personnel as appropriate.
- CRDN 2.6** Refer clients and patients to other professionals services when needs are beyond individual scope of practice.
- CRDN 2.7** Apply leadership skills to achieve desired outcomes.
- CRDN 2.8** Demonstrate negotiation skills.
- CRDN 2.9** Participate in professional and community organizations.
- CRDN 2.10** Demonstrate professional attributes in all areas of practice.
- CRDN 2.11** Show cultural competence/sensitivity in interactions with clients, colleagues and staff.
- CRDN 2.12** Perform self-assessment and develop goals for self-improvement throughout the program.
- CRDN 2.13** Prepare a plan for professional development according to Commission on Dietetic Registration guidelines.
- CRDN 2.14** Demonstrate advocacy on local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession.
- CRDN 2.15** Practice and/or role play mentoring and precepting others.

DOMAIN 3: Clinical Customer Services

- KRDN 3.1** Use the Nutrition Care Process to make decisions, identify nutrition-related problems and determine and evaluate nutrition interventions.
- KRDN 3.2** Develop an educational session or program/educational strategy for a target population.
- KRDN 3.3** Demonstrate counseling and education methods to facilitate behavior change and enhance wellness for diverse individuals and groups.
- KRDN 3.4** Explain the processes involved in delivering quality food and nutrition services.
- KRDN 3.5** Describe basic concepts of nutritional genomics.
- CRDN 3.1** Perform the Nutrition Care Process and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings.
- CRDN 3.2** Conduct nutrition focused physical exams.
- CRDN 3.3** Demonstrate effective communications skills for clinical and customer services in a variety of formats and settings.
- CRDN 3.4** Design, implement and evaluate presentations to a target audience.
- CRDN 3.5** Develop nutrition education materials that are culturally and age appropriate and designed for the literacy level of the audience.
- CRDN 3.6** Use effective education and counseling skills to facilitate behavior change.
- CRDN 3.7** Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management.
- CRDN 3.8** Deliver respectful, science-based answers to client questions concerning emerging trends.
- CRDN 3.9** Coordinate procurement, production, distribution and service of goods and services, demonstrating and promoting responsible use of resources.
- CRDN 3.10** Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals.

DOMAIN 4: Practice Management and Use of Resources

- KRDN 4.1** Apply management theories to the development of programs or services.
- KRDN 4.2** Evaluate a budget and interpret financial data.
- KRDN 4.3** Describe the regulation system related to billing and coding, what services are reimbursable by third party payers and how reimbursement may be obtained.
- KRDN 4.4** Apply the principles of human resource management to different situations.
- KRDN 4.5** Describe safety principles related to food, personnel and consumers.
- KRDN 4.6** Analyze data for assessment and evaluate data to be used in decision-making for continuous quality improvement.
- CRDN 4.1** Participate in management of human resources.
- CRDN 4.2** Perform management functions related to safety, security and sanitation that affect employees, customers, patients, facilities and food.
- CRDN 4.3** Conduct clinical and customer service quality management activities.
- CRDN 4.4** Apply current nutrition informatics to develop, store, retrieve and disseminate information and data.
- CRDN 4.5** Analyze quality, financial and productivity data for use in planning.
- CRDN 4.6** Propose and use procedures as appropriate to the practice setting to promote sustainability, reduce waste and protect the environment.
- CRDN 4.7** Conduct feasibility studies for products, programs or services with consideration of costs and benefits.
- CRDN 4.8** Develop a plan to provide or develop a product, program or service that includes a budget, staffing needs, equipment and supplies.
- CRDN 4.9** Explain the process for coding and billing for nutrition and dietetics services to obtain reimbursement from public or private payers, fee-for-service and value-based payment systems.
- CRDN 4.10** Analyze risk in nutrition and dietetics practice.