

# The UW Nutritional Sciences Program

## Presents NUTR 400/500: Food, Culture, and Society

Alder Commons Auditorium 104, Alder Hall 1310 NE 40<sup>th</sup> St,  
Thursdays 12:30 – 1:20 pm, Autumn Quarter 2015  
Instructor: Adam Drewnowski

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**October 1**    **Assigned readings**  
No class

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**October 8**    **The Family Meal: Why We Eat What We Eat.**  
Adam Drewnowski, PhD, Professor of Epidemiology; Director, UW Center for Public Health Nutrition;  
Director, UW Center for Obesity Research; Director, UW Nutritional Sciences Program.

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**October 15**    **Ethnographic Research into Food Choices.**  
June Jo Lee, Vice President, Strategic Insights for The Hartman Group, Seattle, WA.

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**October 22**    **Indigenous Food Principles and Foodways.**  
Claudia Serrato, Instructor, Anthropology Department, University of Washington.

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**October 29**    **I Can't Believe I Ate the Whole Thing!: Overeating and the High Price of Consumerism.**  
Kima Cargill, PhD, Associate Professor, School of Medicine, UW Tacoma.

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**November 5**    **Religious and Cultural Identity Through Food: The Case of Medieval Spain.**  
Ana M. Gómez-Bravo, PhD, Professor, Spanish and Portuguese Studies, University of Washington.

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**November 12**    **Cultural Authenticity of Food: Does it Matter?**  
Rachel Belle, Personality/Features Reporter, The Ron & Don Show, KIRO Radio, Seattle, WA.

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**November 19**    **The Application of Contemporary Sociology to Food Studies.**  
Katherine Stovel, PhD, Professor, Sociology Department, University of Washington.

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**December 3**    **Food: A Consumer Choice Perspective.**  
Nidhi Agrawal, PhD, Associate Professor, Marketing and International Business, Foster Business School,  
University of Washington.

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**December 10**    **Starting a Food Revolution: A Story of Splintered Causes or One Big Lumpy Tent.**  
Jen Otten, PhD, Assistant Professor, Nutritional Sciences Program and Department of Health Services,  
University of Washington.

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**ALL UW STUDENTS, FACULTY & STAFF ARE WELCOME TO  
ATTEND SEMINAR SESSIONS**